## Artists ${ }^{\circ}$

I L L U S T R A T OR S

FRANK BOWLING
Rachael Funnell, 5 Things I've Learned- Frank Bowling, Artists \& Illustrators, June 2019


The 85 -year-old Royal Academician shares words of creative wisdom. Interview: RACHAEL FUNNELL


TRY NEW THINGS "I've always been interested in pushing paint to the extremes. When I was younger, I'd experiment to see what would work, what I could do with it. I worked with a chemist to create new configurations of paint."

ABOVE Frank in his studio TOP RIGHT Iona Miriam's Christmas Visit To \& From Brighton, acrylic and plastic objects on canvas, $189 \times 122.5 \mathrm{~cm}$

FIND YOUR OWN SPACE "I have a deep sympathy for younger artists working today, it's a difficult time to start as an artist. At points in my career l've been through the wringer, but l've never

thought of giving up. Keep working, find a space where you can do your work and feel 'up'. I'm in my studio every day, it's where I'm happiest."
? ALWAYS EXPERIMENT "If there's something in the work that seems interesting to me, I poke and prod it to see what will happen. Sometimes it gets worse or I lose it but most of the time it moves in a way that surprises me and a new shape or drip that couldn't be made any other way jumps out of the work."

## KEEP IT IN MIND

"I don't ever stop painting in my mind. When I am in bed, unable to sleep, I will imagine paint moving across the ceiling. l've been known
o get so anxious that I'll dash to my studio in the middle of the night. see my work more as a diary and to keep a memory of what I was up to in that moment of time."

DON'T BE HELD BACK "My art is very physical, but these days I can hardly walk. I get more nimble people to do the actual physical work for me and I give them strict guidelines. I feared my work would become inferior but now I feel the opposite. I can see more of what is happening and use these nimble people - my new 'painting tools' - to do more of what I want to get done." Frank Bowling runs 31 May to 26 August at Tate Britain, London SW1. www.tate.org.uk


